

FACILITATING A STUDENT'S RETURN TO SCHOOL

Sample Agenda to Use When Facilitating the Meeting

DATE OF RE-ENTRY MEETING: Click or tap to enter a date.

Student: _____ ID#: _____ Grade: _____

Parent: _____

School Site Designee or Administrator

NOTE: *Some of these steps may have been completed during the suicide risk assessment.*

- ☐ Have parent sign Authorization to Receive Private Information and/or Authorization to Release Private Information
 - Purpose: To obtain information from the youth's community health or mental health provider.
- ☐ Copy of the youth's Hospital Discharge/Release paperwork, which may include the follow:
 - Recommendations for post-hospitalization care
 - Mental health diagnosis
 - Medications
 - Referrals or linkage to community mental health providers
 - Resources given to parents
- ☐ Is student taking medications? ☐ NO ☐ YES **If YES...**
 - Consider consulting, collaborating, or brining in the school nurse to understand prescribed medication and possible side effects
 - Follow the policy of having the school nurse monitor and dispense all medication taken by the student at school
 - Notify teachers **if** significant side effects are anticipated
- ☐ If necessary:
 - Revisit or provide the parent the Parents' Guide to Helping and Parent Acknowledgment form
 - Revisit the Be-Well Plan with the student and parents/guardians
 - Facilitate referrals to community mental health resources if parents do not have providers
- ☐ Ask the student about his or her academic concerns and discuss potential options
 - Set up a monitoring or check-in schedule to monitor the student's progress. Determine who will monitor. Someone at school site should be checking in with student on a regular (preferred weekly) basis to ensure student is improving and actively participating in mental health services.
 - Modify the student's schedule and course load to relieve stress, if necessary.
 - Work with teachers to allow makeup work to be extended without penalty.
- ☐ Discuss Suicidality
 - Does parent understand suicidality? The need to monitor student? The fact that hospitalization is only a crisis response or attempt to stabilize the student?
 - Does parent understand that treatment is necessary to address the underlying psychosocial issues that led to the hospitalization?
- ☐ Retain copies of all documentation (Hospital Discharge, Authorization for Release of Information, and Teacher Notification Letter). **Place all copies in designated confidential file. Do not file in student's Cumulative Folder.**

Child Protective Services:

- If you have concerns that the parent is not following through due to neglect, call CPS to report or consult.
- Orange County Child Protective Services 714-940-1000 or 800-207-4464

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Description of Meeting and Reasons for Connecting:

When a student experiences a crisis of any type, we want to provide the most appropriate, safe, and supportive environment to welcome them back. This meeting is an opportunity to address the academic, social, and emotional needs of youth. The following questions may help us determine what resources are needed in order for him/her to transition successfully.

Medical:

- Do have the hospital discharge papers?
- Did the hospital staff connect you to mental health or crisis services? May we consult with your outside therapist/medical provider to partner on recommendations for your after care?
- Was there a diagnosis made and any medications prescribed? When are medications taken? Any side effects thus far (i.e., sleeplessness, appetite loss)? Could the school assist with dispensing meds if needed/desired?

Academic:

- Might there be a need for accommodations in the school day/classroom (i.e., half days to start back, space, seating, passing time) – Explore/discuss potential for 504
- Given the length of time away, how can we assist in getting missed assignments caught up (i.e., time with teacher(s), tutoring, homework support)
- In order to ensure the student is safe after this crisis, we will need to communicate with his teachers. This means communicating some aspects of why he/she was out, which include some strategies to the youth in the classroom
 - Are there any concerns you have regarding this practice or is there something you do not want us to share with our teachers?
- Anything else that we can help with academically?

Environment:

- Are there any stressors or triggers at school that we may help with?
- Do you feel safe coming back to school and in all your classes?
- We will set up a check in plan for a couple of weeks to make sure you are doing okay. May we offer you a pass to show your teachers when you are feeling overwhelmed or stressed? You can come up to meet with school social worker, school counselor, school psychologist, or other staff.

We will develop/review the well-being plan with you. This is only one way we try support students on campus.

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Sign In Sheet

Date: Click or tap to enter a date.

Name & Title	Signature