



Anaheim Union High School District *Employee Assistance Program*

Our EAP provides up to **3 free face-to-face counseling sessions** per household unit, per incident area, per year with local, licensed therapists.

The EAP can be used for confidential assistance with problems involving:

- Marital and Family
- Depression
- Legal, and much more...
- Adolescent Behavior
- Job-related issues
- Substance Abuse
- Emotional Difficulties
- Stress
- Grief

Our EAP also offers...

- A toll-free, nationwide 800 number staffed by licensed therapists available to help you in a crisis.
- A Free 30-minute phone consultation with a licensed attorney for each legal matter you encounter, in addition, if after the initial consultation you choose to retain the attorney you receive a 25% discount.
- Free phone consultation and referrals to financial management experts throughout the country.
- Unlimited access to a Legal and Financial Services website with information on thousands of legal issue, over 45 financial calculators, and access to 100% accurate state specific forms.
- Free Will, End of Life, and Retirement Kits, as well as an Estate Planning Checklist.
- Prescription Drug Discount Card.
- Unlimited access to Holman's Website which contains additional wellness related articles and links.
- Unlimited community referrals for child care, elder care, chemical dependency groups and more...
- Hospitalizations – No Benefit.
- Charges for late cancel/no show on appointments – employee will forfeit one session for any free session not kept except in the case where the contracted provider is notified at least twenty-four (24) hours in advance of the appointment that it will not be kept.
- For additional Mental Health/Chemical dependency coverage – consult your medical insurance.
- Out-of-Network Benefits – No Benefit (Employees are responsible for any services provided by an out-of-network provider or facility).
- **EXTRA BENEFITS: LifeSolutions** - Daily Living, Elder Care, Child Care, Adoption, College & Prenatal Services.

www.Holmangroup.com

User Name: **AUHSD**

Password: **AUHSD2015** (case sensitive)

All full-time employees are eligible on the first of the month after date of hire. Dependents include the employee's lawful spouse and unmarried dependent children to age 26. *Benefit renews annually on January 1st*



The Holman Group
Managed Behavioral Health Care Services

TO ARRANGE A CONFIDENTIAL APPOINTMENT CALL:

800-321-2843 or visit HolmanGroup.com

An EAP counselor is available 24 hours a day, 7 days a week for emergency and urgent assistance. To schedule an appointment, receive a community referral, or for inquiries our office is open 7:30 am to 6:30 pm PST.

IMPORTANT: You can get an interpreter at no cost to talk to your doctor or Health Insurance Company. To get an interpreter or to ask about written information in (your language), first call your insurance company's phone number at 1-800-321-2843. Someone who speaks (your language) can help you. If you need more help, call the Department of Insurance Hotline at 1-800-927-4357.

IMPORTANTE: Puede obtener la ayuda de un intérprete sin costo alguno para hablar con su médico o con su plan de salud. Para obtener la ayuda de un intérprete o preguntar sobre información escrita en español, primero llame al número de teléfono de su plan de salud al 1-800-321-2843. Alguien que habla español puede ayudarle. Si necesita ayuda adicional, llame al Centro de ayuda de HMO al 1-800-927-4357.

REMEMBER: THE HOLMAN GROUP IS A CLOSED SYSTEM WHEREBY ALL TREATMENT MUST BE PRE-APPROVED AND AUTHORIZED BY THE HOLMAN GROUP. ALL TREATMENT MUST BE PROVIDED BY A HOLMAN CONTRACTED PROVIDER.



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Managed Behavioral Health Care Services

Additional Benefits:

- ❖ LifeSolutions Convenience/Concierge Services
- ❖ Legal/Financial Benefit & Resources
- ❖ ScriptSave Discount Program
- ❖ Provider Search
- ❖ Education Series
- ❖ Videos
- ❖ Behavioral Health Advocate
- ❖ GlobalFit – Find a gym or class near you

Special Points of interest:

- ❖ Access helpful resources
- ❖ See My Plan
- ❖ Resources and videos on health
- ❖ Self-Assessment Quizzes with Immediate Scoring
- ❖ Robust Wellness Library and Health Calculators
- ❖ Easy navigate sections
- ❖ Gain access to helpful community resources
- ❖ Legal and Financial resources, library and calculator.
- ❖ Weekly FREE Webinars

Log In

Username: AUHSD **Password:** AUHSD2015

If you have any questions contact us at (800) 321-2843.



Accessing the Holman Group Website

HolmanGroup.com

How to Log In



The Holman Group website HolmanGroup.com is available to access company information, health improvement programs, useful wellness articles, resource links, & more.

Log In

Member Login

User: Password: Member HR

On the main page under Member Log In section type in the above Username and Password.

All Access



Once logged in, navigating through the Holman Group website is a breeze. Color-coded sections of the Holman site help distinguish various categories.